

*“The self is not something ready-made; it’s something in continuous formation through choice of action”*

*John Dewey (1859-1952)*

*Who you are depends on your genetics, environment, and how you choose to live within your environment. We can only hope to change the latter factor. Indeed, the surgical procedure is the easier aspect, although it is not intended to serve as a stand-alone intervention against a chronic psycho-social and physiological disease process such as obesity.*

*Changing your perspective of the environment on which we live is the most difficult process, nonetheless one of our many commitments to Laredo and to the people who reside here. Frequent follow-up, support groups, and annual events represent the constant reinforcement of this life change; a change for the better.*

*I strive to be “the patient’s best advocate”, illustrating the unbiased results of all options, including risks, which are fundamental in the decision-making process for a true informed consent. I hold educational seminars and nutritional classes as a cornerstone of a community-based practice approach. You no longer have to endure the inconvenience of treatment at a distant location.*

*Everyone is unique; no one can write the same biography. But with the right tools and support, we can help you tell your story with a “happily ever after”.*



Michael C. Morris, MD  
Director